

LITHUANIAN OPEN SWIMMING SHORT COURSE CHAMPIONSHIPS 2012

Regulations

I PLACE AND TIME

Competition will be held in Anykščiai, **20 – 22nd of December 2012 in Anykščiai** „Sveikatos oazė“ 25 m swimming pool. (Ažupiečių g. 1A, Anykščiai)

Beginning of the competition:

20 th December (Thursday):	Heats – 10.00
	Finals – 16.00
21 st December (Friday):	Heats – 10.00
	Finals – 16.00
22 nd December (Saturday):	Heats – 9.00
	Finals – 15.00

Entry into the swimming pool 60 min before the beginning of the competition.

II PARTICIPATION

Lithuanian Swimming Federation's members who have paid the members fees, and guests from abroad.

III PROGRAME OF THE COMPETITION

	Day I			Day II			Day III		
1	200 m Freestyle	Men	13	400 m Freestyle	Women	27	100 m Freestyle	Men	
2	200 m Freestyle	Women	14	400 m Freestyle	Men	28	100 m Freestyle	Women	
3	50 m Backstroke	Men	15	50 m Breaststroke	Women	29	200 m Backstroke	Men	
4	50 m Backstroke	Women	16	50 m Breaststroke	Men	30	200 m Backstroke	Women	
5	200 m Breaststroke	Men	17	100 m Backstroke	Women	31	100 m Breaststroke	Men	
6	200 m Breaststroke	Women	18	100 m Backstroke	Men	32	100 m Breaststroke	Women	
7	100 m Butterfly	Men	19	200 m Butterfly	Women	33	200 m IM	Men	
8	100 m Butterfly	Women	20	200 m Butterfly	Men	34	200 m IM	Women	
9	400 m IM	Men	21	50 m Freestyle	Women	35	50 m Butterfly	Men	
10	400 m IM	Women	22	50 m Freestyle	Men	36	50 m Butterfly	Women	
11	4x200 m relay Freestyle	Men	23	100 m IM	Women	37	800 m Freestyle	Men	
12	4x200 m relay Freestyle	Women	24	100 m IM	Men	38	1500 m Freestyle	Women	
			25	4x100 m relay	Women	39	4x100 m relay IM.	Men	
			26	4x100 m relay	Men	40	4x100 m relay IM	Women	

IV QUALIFY TIMES

Women	Event	Men
31,57	50 m Freestyle	26,06
1.08,44	100 m Freestyle	57,66
2.30,89	200 m Freestyle	2.06,66
5.33,30	400 m Freestyle	4.58,62
11.25,80	800 m Freestyle	
	1500 m Freestyle	20.13,82
37,20	50 m Backstroke	32,07
1.18,66	100 m Backstroke	1.08,48
2.52,27	200 m Backstroke	2.33,54

41,22	50 m Breaststroke	34,91
1.28,54	100 m Breaststroke	1.15,16
3.14,43	200 m Breaststroke	2.54,37
34,62	50 m Butterfly	28,23
1.18,61	100 m Butterfly	1.05,47
2.52,98	200 m Butterfly	2.35,21
1.19,66	100 m IM	1.05,92
2.54,64	200 m IM	2.27,18
6.16,50	400 m IM	5.39,96

V ENTRIES

- Preliminary entries must be sent before 17:00 of 20 th November.
- Technical entries must be sent before **17:00 of 11 th December**.
- The last corrections can be made till **19 th December 10:00 AM**
- The swimmers from abroad can take part in the competitions. They have to follow the same rules as well. Every entry time has to be confirmed, with the achieved date and place.
- Every participating organization can register more than one team in the relays.
- One swimmer can participate only in one relay team.
- Entries times have to be achieved in period from October 1st 2011 till December 6 th 2012.
- Entries must be submitted by using „ENTRY EDITOR“
- Invitation to entry editor's event will be sent after receiving preliminary entry form.
- It should be indicated swimming result (if there is no result – write NT), length of swimming pool, date of achievement (not the name of the competition)
- Filled application forms (entries) must be sent to the Lithuanian Swimming Federation. The file name must be the same as the name of the team. (For example: Kauno PM, Vilniaus VSM..)
- All entries must be sent only by e-mail lpf.paraiskos@gmail.com
- Entries will not be accepted after the deadline.
- Entries consider accepted after you have got confirmation (replay).
- Swimmers, who's achieved results mismatch with the results from technical entry, will start with mark „NT“(no time).
- If there is no achieved result in 25 m swimming pool, the result could be written achieved in 50 m swimming pool. In that case there will be no time conversion from long course to short course.
- **No possible correction after the start list is printed (after 20 th of December 2012, 10:00 AM).**

VI COMPETITON PROCEDURE

- FINA rules are applied.
- A competition is held with heats and finals.
- Every swimmer has to make registration before the heats of the event.
- Relays are held only in the evening section (finals).
- Applications forms for the relays, with the names of the swimmers, must be given to the secretary of the competition 60 min before the start of the finals. Number of relay teams must be submitted in the final entries form.
- 400 IM, 800 FREE, 1500 FREE will be slowest heats in the morning session and fastest heat in the evening session.
- It will be held „A“ and „B“ finals if there were registered more than 18 swimmers in the heats of the event.
- It will be held „A“final, if there were registered 7-17 swimmers in the event.
- If there are 8 or less swimmers registered in the event, it will be held directly in the finals.
- First will be held „A“final, and after it „B“final.

- If there are 6 or less swimmers registered in the event, it will be held directly in the finals.
- 2 substitute's swimmers for the finals are announced, and they must arrive into call room, before the final.
- The refusal form (if you want to scratch the swimmers from the finals) must be given to the secretary of the competition no later than 30 min after the heats are over.
- Penalty fee for not attending to the start – 10 Litas (heats or finals), relay – 40 Litas.
- Penalty fee for unperformed qualify time – 10 Litas.

VII AWORD

- Three first swimmers in each event will be awarded with medals and diplomas.
- Three best male's swimmers and three best female's swimmers best performances in Olympic events will be awarded with money prizes. (I place – 400 Lt., II place – 300 Lt., III place –250 Lt.) Only citizens of Lithuania can apply for money prizes.
- Swimmer who did not participate in awarding ceremony loses his right to the award either.

VIII Financial terms

- Competition registration fee: 10 Lt
- Competition registration fee for non federation's members – 20 Lt.
- All expenses must be covered by sending organization

IX CONTACTS

E-mail – lpf.paraiskos@gmail.com

Phones:

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www.ltuswimming.com



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Preliminary entry

Organization	
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We are going to participate at Lithuanian short course championships 2012.

Swimmers: Women _____

Men _____

Officials: _____

Team leader name and contact phone number: _____

e-mail: _____ (required)

Date _____

Please send preliminary entry to lpf.paraiskos@gmail.com before 20th of November 2012.