

# LITHUANIAN OPEN MASTERS SWIMMING CHAMPIONSHIPS 2015 REGULATIONS

## I. TIME AND PLACE

The Lithuanian open masters swimming championships will be held in Kaunas, at “Girstutis” 50 m swimming pool on 28–29th of November, 2015.

<b>The beginning:</b>	November 28 (Saturday)	– registration 9.00–10.00 – warm-up 10.00–10.30 – beginning of part I 10.30 – registration 11.00–13.00 – warm-up 13.00–14.00 – beginning of part II 14.00
	November 29 (Sunday)	– warm-up 7.30–8.00 – beginning of part III 8.00 – warm-up 9.30–10.00 – beginning of part IV 10.00 – award ceremony 14.00

## II. PROGRAMME

### November 28 (Saturday) part I

- 400 m medley (women, men)
- 400 m freestyle (women, men)

### November 28 (Saturday) part II

- 50 m breaststroke (women, men)
- 50 m backstroke (women, men)
- 100 m freestyle (women, men)
- 200 m breaststroke (women, men)
- 200 m backstroke (women, men)
- 100 m butterfly (women, men)
- 200 m medley (women, men)
- 4x50 m medley relay (women)
- 4x50 m medley relay (men)

### November 29 (Sunday) part III

- 800 m freestyle (women, men)

## **November 29 (Sunday) part IV**

50 m freestyle disabled (women, men)

50 m freestyle (women, men)

50 m butterfly (women, men)

100 m breaststroke (women, men)

100 m backstroke (women, men)

200 m freestyle (women, men)

200 m butterfly (women, men)

4x50 m freestyle relay (women)

4x50 m freestyle relay (men)

## **II. ORGANIZERS**

The championships are organized by the Lithuanian swimming federation and Kaunas swimming club of masters and disabled people “Takas”.

## **IV. THE PARTICIPANTS**

- The competition is personal. Who is allowed to participate: the sportsmen of 25 years old and older, the Lithuanian citizens and citizens of foreign countries who do not practice a professional career and who have paid the participation fee;
- The participants are personally responsible for their health and life during the competitions and confirm it by signing on the protocol during the registration;
- In the individual events the participants are divided according to age categories set by FINA masters rules (25-29; 30-34; 35-39; 40-44; 45-49; 50-54, etc.). The sportsmen are assigned according to the age they are on 31-12-2015;
- In relays, the club teams participate in the following age categories: 100-119 years, 120-159 years, 160-199 years, 200-239 years, 240-279 years, 280-319 years.
- The number of entries in events and relays is unlimited.

## **V. COMPETITIONS**

- The competitions are organized according to the FINA rules for category “Masters”.
- The results are recorded using OMEGA timing.
- The competitions are personal.
- The competitions contain only finals.
- 800 m freestyle will only be carried out in case there are at least 3 participants.
- All the events are carried out starting from the weakest heats, except for 800 m freestyle which is carried out starting from the strongest heats.
- 800 m event has a time limit. After it is over the event will be stopped.

### Time limits 800 m freestyle:

Women													
25	30	35	40	45	50	55	60	65	70	75	80	85	90
12:25,0	12:40,0	13:05,0	13:50,0	15:00,0	16:00,0	16:50,0	18:00,0	19:15,0	20:50,0	23:55,0	25:50,0	28:50,0	35:40,0
Men													
25	30	35	40	45	50	55	60	65	70	75	80	85	90
11:08,0	11:15,0	11:26,0	11:35,0	12:05,0	12:50,0	13:40,0	14:45,0	15:45,0	17:20,0	18:50,0	20:40,0	23:13,0	26:55,0

- The participants are responsible for their own accommodation (more info on annex 1).

### VI. COMPLAINTS AND PROTESTS

- The protests are possible in case there are violations of rules and regulations and in case other conditions are dangerous to the competition and sportsmen but not against the fact of violation.
- The protest is submitted along with the 30 EUR deposit.
- The protests are considered by the referee according to FINA rules.
- If the protest is upheld, the deposit is refunded.

### VII. AWARDS

- The winners of each event age groups are awarded with medals.
- Each participant is awarded with certificates and souvenirs.
- The 10 best swimmers (calculating the sum of the points of three best starts according to DSV Master Performance Table 2013) are awarded with special prizes.

### VIII. SUBMISSION OF APPLICATIONS

- The technical applications must be submitted no later than 21-11-2015 to the chief secretary at [ltuswimmasters2015@gmail.com](mailto:ltuswimmasters2015@gmail.com) (an example is at annex 1). **The teams consisting of more than 5 persons submit their application using "Entry Editor". Invitations to the teams are sent after submitting the inquiry at [milda.seibokaite@gmail.com](mailto:milda.seibokaite@gmail.com)**
- **The application is considered submitted if you have received the answer.**
- Changes are allowed until 27-11 15:00.
- **After 28-11 10:00 no changes are allowed.**
- **Relay applications must be submitted before the beginning of part II and part IV.**

### IX. FINANCIAL CONDITIONS

- The participation fee is 20 EUR (the participants of 65 years and older do not have to pay the fee).
- The participation fee must be paid before the end of the registration.
- **The fine for non-arrival to the start is 3 €, in relay – 10 €.**

- The expenses of transportations, accommodation, and meals must be paid by the sending organization or by the participants themselves.
- The accommodation and meals of the main referees are paid by the Lithuanian swimming federation.
- The participation fee must be paid in advance via bank transfer:

Lithuanian swimming federation  
IBAN LT49 7044 0600 0150 1455  
AB SEB bank, SWIFT CODE - CBVILT2X

## **X. FINAL PROVISIONS**

- The championships are an open event which might be filmed and photographed.
- The filmed and photographed material is published in the media and online.
- The participant, the team admits that they agreed upon the regulations by submitting their applications.