



LITHUANIAN SWIMMING CHAMPIONSHIPS 2021

REGULATIONS

I. PLACE, TIME, PROGRAMME

- 1.1. Place: 50 m Klaipėda pool (Dubysos 12), Klaipėda
- 1.2. Time: 27–29 of May, 2021
- 1.3. Organiser – Lithuanian Swimming Federation, partners – Klaipėda city municipality and Klaipėdos "Gintaro" SC.
- 1.4. Qualification event for the Tokyo 2020 Olympic Games, FINA World Junior Championships 2021, LEN European Junior Championships 2021.
- 1.5. Programme:

DAY 1 — May 27 (Thursday)

DAY 1 | Heats

Warm-up 10:00–10:55 | Beginning 11:00

1. 200 m free, women Q
2. 200 m free, men Q
3. 100 m breast, women Q
4. 100 m breast, men Q
5. 100 m back, women Q
6. 100 m back, men Q
7. 50 m fly, women Q
8. 50 m fly, men Q
9. 200 m IM, women Q
10. 200 m IM, men Q
11. 800 m free, women Final
12. 1500 m free, men Final
13. 4x100 m IM, women Final
14. 4x100 m IM, men Final

DAY 1 | B/A Finals

Warm-up 17:00–17:55 | Beginning 18:00

1. 200 m free, women B/A Finals
2. 200 m free, men B/A Finals
3. 100 m breast, women B/A Finals
4. 100 m breast, men B/A Finals
5. 100 m back, women B/A Finals
6. 100 m back, men B/A Finals
7. 50 m fly, women B/A Finals
8. 50 m fly, men B/A Finals
9. 200 m IM, women B/A Finals
10. 200 m IM, men B/A Finals
15. 4x100 m IM, mix Final

DAY 2 — May 28 (Friday)

DAY 2 | Heats

Warm-up 9:00–9:55 | Beginning 10:00

16. 50 m breast, women Q
17. 50 m breast, men Q
18. 100 m free, women Q
19. 100 m free, men Q
20. 200 m fly, women Q
21. 200 m fly, men Q
22. 400 m IM, women Q
23. 400 m IM, men Q
24. 50 m back, women Q
25. 50 m back, men Q
26. 1500 m free, women Final
27. 800 m free, men Final

DAY 2 | B/A Finals

Warm-up 16:30–17:25 | Beginning 17:30

16. 50 m breast, women B/A Finals
17. 50 m breast, men B/A Finals
18. 100 m free, women B/A Finals
19. 100 m free, men B/A Finals
20. 200 m fly, women B/A Finals
21. 200 m fly, men B/A Finals
22. 400 m IM, women B/A Finals
23. 400 m IM, men B/A Finals
24. 50 m back, women B/A Finals
25. 50 m back, men B/A Finals
28. 4x100 m free, women Final
29. 4x100 m free, men Final

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DAY 3 — May 29 (Saturday)

DAY 3 Heats	DAY 3 B/A Finals
Warm-up 9:00–9:55 Beginning 10:00	Warm-up 15:30–16:25 Beginning 16:30
30. 400 m free, women Q 31. 400 m free, women Q 32. 100 m fly, women Q 33. 100 m fly, men Q 34. 200 m back, women Q 35. 200 m back, men Q 36. 50 m free, women Q 37. 50 m free, men Q 38. 200 m breast, women Q 39. 200 m breast, men Q	30. 400 m free, women B/A Finals 31. 400 m free, men B/A Finals 32. 100 m fly, women B/A Finals 33. 100 m fly, men B/A Finals 34. 200 m back, women B/A Finals 35. 200 m back, men B/A Finals 36. 50 m free, women B/A Finals 37. 50 m free, men B/A Finals 38. 200 m breast, women B/A Finals 39. 200 m breast, men B/A Finals 40. 4 x 200 m free, women Final 41. 4 x 200 m free, men Final

II. PARTICIPANTS AND STANDARDS

Women 25 m	Women 50 m	Event	Men 25 m	Men 50 m
28,88	29,82	50 m freestyle	25,50	26,34
1.03,31	1.05,15	100 m freestyle	56,62	59,10
2.27,45	2.30,86	200 m freestyle	2.12,69	2.16,20
5.12,35	5.15,74	400 m freestyle	4.43,42	4.53,86
10.40,06	10.47,34	800 m freestyle	9.52,10	10.03,72
20.25,83	20.29,13	1500 m freestyle	18.52,42	19.23,08
32,34	33,99	50 m backstroke	27,99	30,23
1.09,15	1.12,53	100 m backstroke	1.01,58	1.05,32
2.39,20	2.44,71	200 m backstroke	2.21,04	2.29,44
35,98	37,04	50 m breaststroke	31,81	32,69
1.18,56	1.20,79	100 m breaststroke	1.10,06	1.11,66
2.59,69	3.05,75	200 m breaststroke	2.40,45	2.48,40
30,71	30,77	50 m butterfly	27,40	28,05
1.08,80	1.09,90	100 m butterfly	1.00,57	1.02,36
2.39,71	2.42,65	200 m butterfly	2.24,53	2.27,65
2.42,72	2.48,40	200 m individual medley	2.26,39	2.32,22
5.45,76	5.55,67	400 m individual medley	5.13,54	5.25,60

III. ENTRIES

- 3.1. Entries must be submitted by no later than **24:00, 20 May, 2021.**
- 3.2. Changes/withdrawals will be accepted until **12:00, 25 May, 2021.**
- 3.3. Late entries will be accepted from 00:00, 21 May to 12:00, 25 May. The fee is 15 Eur / event.
- 3.4. Submitting an extra event (not applicable to changes and withdrawals) in reference to 3.2. is considered to be a late entry.
- 3.5. No changes will accepted after 12:00, 25 May, 2021.
- 3.6. Entries must hold doctors' visas allowing participation in competition. Team leaders are responsible for the valid allowances.
- 3.7. The entry times must cover the period from 01-01-2020 to 25-05-2021.
- 3.8. With entries you must submit the relay teams' entry. Only the teams who have submitted the relay team will be allowed to submit the named entries during the competition (must be submitted 60 minutes before the beginning of that competition part where the relay event will take place).
- 3.9. Each organization can have more than one relay team.
- 3.10. Each organization must submit a separate Excel file of all the participating swimmers and their coaches.

3.11. Entries may be submitted as following:

Swimrankings.net online

- All athletes and relay teams;
- File “entries by athlete” must be sent to lpf.paraikos@gmail.com

“Entry Editor”

- Entry times from 50 m pools will be seeded ahead of times from 25 m pools. In case the athlete has not result, the NT must be indicated. The submission must include: pool length, date, city (not the title of the event).
- The completed application forms (entries) must be named after the team (i. e., Kauno PM, Vilniaus VCM).
- The results must be achieved in the competition of at least sport’s school.
- The swimmers, whose achieved results mismatch with the results from the technical entry or are achieved in the event of lower level than sport school’s, will start with the mark “no result”.
- All entries must be sent only by e-mail: lpf.paraikos@gmail.com
- Entries are considered to be accepted after a confirmation (reply) is received.

IV. COMPETITION

- 4.1. FINA rules are applied.
- 4.2. Electronic timing system will be used.
- 4.3. The swimming costumes and apparel must meet the FINA requirements.
- 4.4. The competition is held with heats and finals.
- 4.5. Qualifications will be held in 10 lanes, and finals – in 8 lanes.
- 4.6. 4.1. In 50, 100, 200, 400 m events with more than 40 participants the qualifications, and B/A finals will be held: “B” final 9–16 places; “A” final 1–8 places taken in qualifications.
- 4.7. 800 m and 1500 m freestyle events are held as the finals.
- 4.8. In 800 m and 1500 m freestyle events, the participants are not allowed to finish the distance if they do not finish in the following times: 800 m – 12 min., 1500 m – 24 min.
- 4.9. Relay events are held as the finals.
- 4.10. Before entering the race, the participant must register at the participants’ judge in the call room. In case of not showing up, the participant will not be allowed to participate in the event.
- 4.11. For the finals, 2 reserve names will be announced, they must come to the participants’ meeting point. If one of the 8 finalist does not show up for the final, the reserve athlete will take his/her place. If the reserve athlete is not present, the fine will be issued to him/her.
- 4.12. The written withdrawal from the final must be handed to the secretary no later than 20 min after announcing the results. Otherwise, the fine will be issued.

V. AWARDS

- 5.1. The first three swimmers/relay teams in each event will be awarded with medals of the Lithuanian Swimming Federation.
- 5.2. The best five swimmers who will collect the higher amount of FINA points in total in two Olympic events (only in the individual events), will be awarded with money prizes:
I place — 600 €; II place — 500 €;
III place — 400 €; IV place — 300 €;
V place — 200 €.
- 5.4. If two or more swimmers collect the same amount of FINA points in two events, the winners will be announced according to the ranking he/she has in the first (second, etc.) event.
- 5.5. If the athlete misses the award ceremony, he/she will not receive the prize.
- 5.6. The coaches of the medalists (in each individual event) should join their athletes at the podium.

VI. PROTESTS

- 6.1. Protests are allowed only against violations of competition rules and regulations as well as in situations where the competition or participants are endangered.
- 6.2. All protests must be submitted in writing with deposit of 50 Euro no later than 20 min after the fact of the protest.
- 6.3. Meet's board of appeal will process protests according to the FINA rules.
- 6.4. In case of granted protest, deposit will be returned.

VII. FINANCIAL TERMS

- 7.1. Participation fee – 15 Eur / event. Late entry – 15 Eur / event.
- 7.2. The fee must be paid for all participants included into the protocol.
- 7.3. Fine for missing the heat or final – 15 €, relay – 30 €.
- 7.4. Participation fee and fines must be paid to federations account:

Lithuanian swimming federation
Neries krantine 16-406, Kaunas
Company code 191917910
IBAN LT49 7044 0600 0150 1455
AB SEB Bank
SWIFT code CBVILT2X
Reference: LC 2021 (club's name)

VIII. FINAL STATEMENTS

- 8.1. The championships is a public event, where videos and photos might be taken.
- 8.2. The filmed and photographed material may be published in the media and online.
- 8.3. The team leaders are responsible for:
 - following the deadlines;
 - participants' health;
 - participants' safety during the arrival/departure and the competition;
 - proper behaviour of their athletes during the competition and the free time.
- 8.4. By submitting application form participants agree to the Terms and Conditions of the Event.
- 8.5. Participants are responsible for their accommodation, travel and other expenses.

IX. CONTACTS

Email — lpf.paraiskos@gmail.com
Website — www.ltuswimming.com
Competition director — FINA referee Saulius Binevičius
