04 May 2023



Swedish Open Youth Championships in Artistic Swimming

May 18th - 21th 2023 in Stockholm

General information

Competition Area:	Eriksdalsbadet in Stockholm. Competition pool 25 x 20 m, see attached plan.
	Start point for music programs at the window wall, stairs for leaving the pool at the left corner closest to the locker room 3. Depth approx. 3 meters. Pool area is divided in two areas, A and B.
	Pool A is competition area.
	Pool B is warm up area.
	Free practice is only allowed in pool B while there is no competition in pool A. Practice in pool A is only allowed when Referee allows it. NO tapping at any time!
	Pool C is located if you go left when you come out from locker rooms. We have 1 lane for warm up or cool down during following hours. Thursday 18/5 10:00 – 15:00 Friday 19/5 10:00 – 15:00 Saturday 20/5 09:00 – 19:00 Sunday 21/5 09:00 – 18:00
Entrance:	Main entrance. From metro Skanstull, pass the Clarion Hotel, down the footpath by the park.
	Free admission to the artistic swimming competition during the whole weekend.
	Note! Free access only to spectators' area.
Shoes:	Outdoor shoes prohibited in pool area! Please bring your slippers. Note! Outdoor shoes should be locked in your lockers, to prevent theft.
Spectators:	Spectators are recommended to sit on the stands closest to the gym to get the best view of the competition.
Valuables:	There are safe boxes at the entrance area. Please bring padlocks. Make sure that your money and valuables not are left unattended.



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Lockers:	There are lockers for clothes in group dressing room no. 6, 7, 8 and 9. Bring padlocks! Take all your space-consuming things to the poolside to put in a room close to the organizers.
Gelatin:	It's very important that we do not leave residue of gelatin in wash basin in the toilets and changing rooms. Be sure to wipe up after you . Please use intended baskets.
Figures:	The draw of figure groups and start list will occur Tuesday the 16th of May at 07:00 by Referee Christer Sjöqvist. To find the information about the figure groups, please look at <u>www.svensksimidrott.se</u>
Music program:	Drawing of start list will occur Thursday May 18th at 17:00 by secretary office.
Starting order:	The starting order of the events is automatically drawn by secretary office. All start lists will be available as soon after the draw as possible on <u>Google Drive</u>
	In figure competition, rolling starting order will be performed. We will use 3 panels in the figure competition. 2 panels for 13-15 Age Group and 1 panel for 12 and under.
	Since there are many competitors, it is essential that the timetable is kept. Team leaders are responsible for the competitors to be in time for the start and prize giving. Starting area is to be at the same level as the pool surface.
Change of reserves:	To be submitted to the data table at least 2 hours before each session starts.
Team manager meeting:	Team leader meeting will be held at Friday 13:15 by the poolarea beside the secretariat. Saturday 08:30 and Sunday 08:15 in the conference room on the 2 nd level close to the gym.
Referee:	Christer Sjöqvist
Judges meeting:	
Judges meeting.	Judges meeting will be held at Friday 11:30 , Saturday 08:30 and Sunday 08:15 in the conference room on the 2 nd level close to the gym.
Scoring:	
	conference room on the 2 nd level close to the gym. Figure competition is carried out by one scoring mark per judge, shown with judge's points block and is only read aloud to the panel. Results of the whole figure contest will





Music:	Only music files (MP3) will be used. The file should be marked with name, session, age group and club. NOTE! One file for each entry. Music files have to be delivered to <u>synchro.anmalan@gmail.com</u> by 11 th May 2023 For safety, please bring your own copy of all music programs in the contest.
Coach Card:	Coach Cards will only be used for technical programs and need to be turned in before 11 th May 2023 to <u>synchro.anmalan@gmail.com</u> .
Streaming:	The competition will be streamed and there is thus an opportunity for family and friends who are not able to be there to still take part and watch the programs. Only the music sessions will be broadcast. Look out for more information about the link and how to access the broadcast at <u>www.svensksimidrott.se</u> closer to the competition.
Medical services:	A doctor or nurse will be available before each session. Friday morning, Friday afternoon, Saturday morning, Saturday afternoon and Sunday morning, in the doctor's room by the poolside.
Opening ceremony:	Gathering for the parade will be outside the dressing rooms and in the corridor behind, Saturday May 28 th 12.35 . Dress preferably in club uniform for the ceremony. The parade takes place in alphabetical order of clubs with the host club last. Parade starts at 12:45 .
Awards ceremony:	The awards ceremony will take place after the sessions are completed on Saturday morning, Saturday evening and Sunday at the end of competition. Award ceremony takes place by the window side. Please wear the club dresses.
Results:	Referee Christer Sjöqvist indicates when the results are available. Coaches/leaders can access the result lists after the price ceremony is ended on the <u>Google Drive</u> .
Food:	Food for accompanying families and other audiences are available in the restaurant at the spa at the lower entrance. For the participants who have order lunch on Friday, Saturday and Sunday, food stamps are to be found in associations envelopes. All meals are served in Eriksdalsbadets restaurant.
Parking:	Parking at Eriksdalsbadet is not free and may be restricted to maximum time limits.
Transportation:	The best and most convenient way to Eriksdalsbadet is to take the subway to Skanstull, pass the Clarion Hotel, walk down the foot path by the park to the main entrance of Eriksdalsbadet.

NOTE! Since there are many competitors, small changes may occur during the competition!

Welcome!

Swedish Swimming Federation - SK Neptun - Järfälla Simsällskap - Täby Synchro





Schedule

Thursday, May 18th

	Changing rooms and swimming hall area to be empty by 18:30
	(Please let us know estimated arrival time in Stockholm to be able to set the training schedule)
12:00-18:00	Swimming with music according to schedule
08:00-12:00	Swimming without music
08:00	Doors open for admission

Friday, May 19th

08:00	Doors open for admission
08:15-14:00	Swimming without music, Pool A is reserved for the team with music time.
08:45-12:30	Swimming with music according to schedule
11:30-12:30	Judges meeting
12:30-12:50	Team Leaders meeting
11:30-13:30	Lunch in the restaurant
13:45-16:15	Figures for 12 and under and 13-15, 3 panels
16:30-16:50	Free Solo 12 and under
17:00-17:30	Tech duet juniors (open competition)
	Tech Mixed duets juniors
17:30-18:00	Free Duet 12 and under
	Changing rooms and swimming hall area to be empty by 19:00

Saturday, May 20th

07:45	Doors open for admission
08:00-09:15	Swimming without music
08:30-09:15	Judges and Team Leaders meeting
09:30-10:00	Tech team juniors
10:00-10:40	Free team 13-15
11:00-11:30	Tech solo juniors
11:30-11:45	Free team 12 and under
11:00-13:00	Lunch in the restaurant
12:35	Gathering before the opening ceremony
12:45-13:30	Opening Ceremony with 12 and under ceremony
	Awards ceremony Technical programs and Free Team 13-15
13:45-14:20	Free Combination
14:45-15:45	Free Duet 13-15 (open competition)
16:00-17:00	Free Duet juniors (open competition)
17:10-17:15	Swedish National Youth Team
17:30	Awards ceremony for Free Combination, Free Duet 13-15, Free Duet juniors
	Changing rooms and swimming hall area to be empty by 19:00

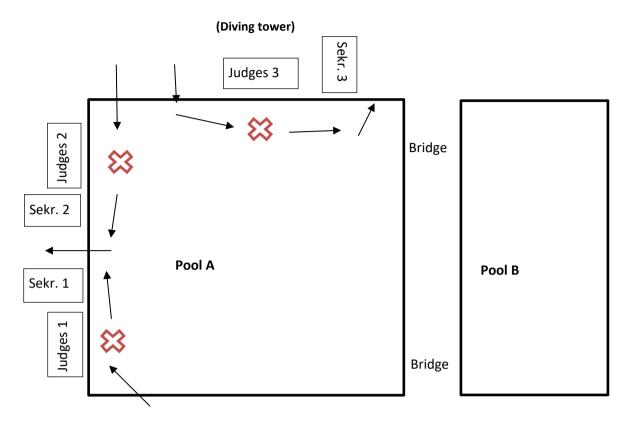
Sunday, May 21th

08:00	Doors open for admission
08:00-09:00	Swimming without music
08:15-09:00	Judges and Team Leaders meeting
09:15-10:15	Free team juniors
10:15-11:15	Free Solo 13-15 (open competition)
11:00-13:00	Lunch in the restaurant
12:30-13:30	Free Solo juniors
14:00	Awards Ceremony Free Team juniors, Free Solo 13-15, Free Solo juniors
	Changes to the schedule may occur during the competition. In case of changes, the Referee will decide and inform the Team leaders.





Figure competition set up



Music competition set up

